

Curriculum Vitae

Prof. Dr. rer. nat. Simon Forstmeier

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Date/place of birth: January 24, 1973 in Darmstadt, Germany
 Nationality: German
 Family status: married, two children

Academic positions

Since 9/2014 Full professor of psychology at the University of Siegen, Germany, chair of Developmental Psychology (since 12/2018 «Developmental Psychology and Clinical Psychology of the Lifespan»)

11/2005-8/2014 Senior teaching and research associate (“Oberassistent”) at the Dept. of Psychology, Division of Psychopathology and Clinical Intervention, University of Zurich, Switzerland (chair: Prof. Dr. Dr. A. Maercker), and project leader (e.g., „Motivational reserve in dementia, “Psychotherapy for people with early dementia and their caregiver”, „Life review therapy over the lifespan“)

4/2005-10/2005 Research scientist at the Dept. of Psychology, Division of Clinical Psychology and Psychotherapy, University of Trier, Germany (chair: Prof. Dr. Dr. A. Maercker)

2001-2014 Project leader: „Motivational and volitional processes in psychotherapy and psychosomatic rehabilitation“ at the Psychosomatic Hospital St. Franziska-Stift, Bad Kreuznach, Germany, and Dept. of Psychology, University of Zurich, Switzerland

Academic education

1/2013 Habilitation (post-doctoral qualification), University of Zurich, Switzerland

12/2004 PhD in Psychology („Dr. rer. nat.“) from University of Trier, Germany („summa cum laude“)

4/2001 M.Sc. in Psychology (“Dipl.-Psych.”) from Darmstadt University of Technology (“very good”)

1997-1998 Graduate Visiting Student in Psychology, University of Warwick, UK

1994-2001 B.Sc, and M.Sc. studies in psychology, Darmstadt University of Technology

Clinical experience, training, and related positions

Since 2019	University-based outpatient psychotherapy clinic, University of Siegen
2011-2014	Member of steering committee of the Psychotherapeutic Center of the Dept. of Psychologie, University of Zurich, Switzerland
2005-2014	Coordinator of outpatient clinic, Dept. of Psychology, Division of Psychopathology and Clinical Intervention, University of Zurich, Switzerland (chair: Prof. Dr. Dr. A. Maercker)
Since 2005	Trainer in cognitive behavioural therapy and life review therapy at various institutes in Germany, Switzerland and Austria
2005	Licensed Psychological Psychotherapist, Health service board, Germany
2001-2005	Clinical psychologist and training in psychotherapy at the Psychosomatic Hospital St. Franziska-Stift, Bad Kreuznach, Germany

Training in didactics and research methods

2011-2013	Training in Good Clinical Practice, at the Clinical Trials Center of the University and University Hospital Zurich, Switzerland
2010	Designing seminars, Center for University Didactics, University of Zurich, Switzerland
2010	Media Training, Swiss School of Journalists, Lucerne, Switzerland
2009	New media in seminars, Center for University Didactics, University of Zurich, Switzerland
2003	Summer school Psychobiological Research Methods, University of Dusseldorf, Germany

Honors and awards

2012 and 2014	Selected as one of the 10 best lecturers of the University of Zurich, Switzerland
2012	Margret & Paul Baltes award for gerontological research, German Society for Gerontology and Geriatrics (DGGG)
2011	Poster award of the German Association for Psychiatry and Psychotherapy (DGPPN)
2008	Vontobel award for gerontological research, Family Vontobel Foundation, Zurich.
2008-2011	Yearly: Travel award of the Swiss Academy of Humanities and Social Sciences
2005	Award of „Friends of University of Trier“ for excellent dissertations
2001-2002	PhD scholarship for the dissertation “Motivational and volitional processes in psychotherapy and psychosomatic rehabilitation”, from the Research Centre of Psychobiology and Psychosomatics (FPP) at the University of Trier, Germany
1997-1998	Scholarship as Graduate Visiting Student at University of Warwick, UK, from the German Academic Exchange Service (DAAD)

Board memberships

Since 2019	Deputy chairman of the Scientific Advisory Board of the Faculty of Life Sciences, University of Siegen
Since 2018	Vice-Dean for Structure, Planning, and Finances of the Faculty II, University of Siegen
Since 2016	Speaker of the Interest Group “Clinical geropsychology and psychotherapy in old age” of the division “Clinical Psychology and Psychotherapy” of the German Association of Psychology (DGPs)
Since 2016	Co-founder of the Gerontology Network Siegen (GeNeSi)
Since 2016	Member of the editorial board of the journal “GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry”
2016-2018	Director of the Institute of Psychology, University of Siegen
Since 2015	Member of the editorial board of the book series “Resilience studies”, Springer
2015-2018	Member of the board of faculty, University of Siegen
Since 2012	Member of the editorial board of the journal “Psychotherapie im Alter” (Psychotherapy in old age)
2011-2014	Member of the program committee of the Certificate of Advanced Studies (CAS) Geropsychology, University of Zurich
2010-2012	Board member of the Swiss Society of Gerontology (Schweizerische Gesellschaft für Gerontologie, SGG)
Since 2009	Member of the expert committee for the German S3 diagnostic and treatment guideline “Dementia”
2009-2012	President of the Swiss Professional Society for Geropsychology (Schweizerische Fachgesellschaft für Gerontopsychologie, SFGP)
2007-2013	Board member of the Swiss Professional Society for Geropsychology (Schweizerische Fachgesellschaft für Gerontopsychologie, SFGP)
2008-2014	Member of the Faculty of the International Max Planck Research School on the Life Course (LIFE)
Since 2007	Member of the editorial advisory board of The Open Psychology Journal

Professional memberships

- German Society for Psychology (Deutsche Gesellschaft für Psychologie, DGPs) (section Developmental Psychology; Clinical Psychology and Psychotherapy)
- German Society for Gerontology and Geriatrics (Deutsche Gesellschaft für Gerontologie und Geriatrie, DGGG)
- Professional Society for Biographical Work (Fachverband für Biografiearbeit, FaBia)
- American Psychological Association (APA, International Affiliate Member)
- Gerontological Society of America (GSA)
- International Institute for Reminiscence and Life Review (IIRLR)

INTERDEM, pan-European network of researchers on early detection and timely INTERventions in DEMentia (co-ordinator for Switzerland)

Center for Gerontology (Zentrum für Gerontologie), Zurich

Ad hoc reviewer

Aging and Mental Health

BMC Neurology

British Journal of Psychiatry

Clinical Gerontologist

Contemporary Clinical Trials

Enzyklopädie der Medizinischen Psychologie

European Journal of Ageing

European Journal of Psychotraumatology

Future Medicine

GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry

Gerontology

International Journal of Geriatric Psychiatry

International Journal of Social Psychiatry

International Psychogeriatrics

Journal of Affective Disorders

Psychiatry Research

Psychology and Aging

Psychotherapie im Alter

Psychotherapy and Psychosomatics

Psychotherapy Research

Zeitschrift für Gerontologie und Geriatrie

Zeitschrift für Gesundheitspsychologie

Zeitschrift für Neuropsychologie

The Open Journal of Psychology

Deutsche Forschungsgemeinschaft (DFG)

Bundesministerium für Bildung und Forschung (BMBF) der Bundesrepublik Deutschland

Robert Bosch Stiftung GmbH

American Alzheimer's Association

Schweizerischer Nationalfonds (SNF)

The Netherlands Organisation of Health, Research and Development (ZonMw)

Central research interests

Clinical geropsychology and psychotherapy with the elderly

Life review therapy and life story work (e.g., for dementia, depression, posttraumatic stress disorder in old age)

Psychological Alzheimer's research: Motivational reserve; CBT in early Alzheimer's patients

Self-regulation over the lifespan: delay of gratification; apathy in neurological disorders; motivational and volitional processes in psychotherapy and psychosomatics

Funding (altogether ca. EUR 1.953.000)

- 2017-2020 „Life Review Therapy for Holocaust Survivors: A randomized controlled trial“, funded by the DFG (FO 308/2-1), PI: S. Forstmeier (EUR 367.040)
- 2017-2018 „Intergenerational associations of self-regulation in families“, funded by State funding, PI: S. Forstmeier (EUR 14.500,-)
- 2017-2018 „Technological support for attention regulation at workstations for older people“, funded by State funding (Call Interfaculty Projects); PI: S. Forstmeier (EUR 88.210)
- 2015-2016 „Experimental analyses of reminiscence processes“, funded by University funds; PI: S. Forstmeier (EUR 10.000)
- 2014-2016 “Life-review therapy for Holocaust survivors – pilot phase”, funded by Stichting Door-Geven (Foundation Door-Geven), Netherlands (EUR 6.100), Adolf and Mary Mil Foundation, Switzerland (CHF 10.000 = ca. EUR 9.100) and Hidden Child Foundation, New York (USD 8.100 = ca. EUR 7.200), PI: S. Forstmeier
- 2014-2015 “Motivational Reserve as protective psychological factor in mild Alzheimer’s dementia and mild cognitive impairment (continuation)”, funded by Swiss National Science Foundation; PI: A. Maercker und S. Forstmeier (CHF 61.120 = ca. EUR 55.900)
- 2013-2015 “Predictors of the conversion from subjective memory impairment and mild cognitive impairment to dementia”, funded by Vifor Pharma Schweiz; Co-PI: S. Forstmeier, PI: Dr. Sacha Beck, Stadtspital Waid Zürich (CHF 50.000 = ca. EUR 45.500)
- 2012-2015 „Cognitive-behavioral treatment for patients with mild Alzheimer’s dementia: A randomized controlled trial II”, funded by Hedwig Widmer Foundation; PI: S. Forstmeier (CHF 87.000 = ca. EUR 79.500)
- 2010-2013 „Cognitive-behavioral treatment for patients with mild Alzheimer’s dementia: A randomized controlled trial”, funded by Swiss National Science Foundation and Hedwig Widmer Foundation; PI: S. Forstmeier (CHF 396.287 = ca. EUR 362.000)
- 2009-2013 “Motivational Reserve as protective psychological factor in mild Alzheimer’s dementia and mild cognitive impairment”, funded by Swiss National Science Foundation, Velux Foundation, Tropos Foundation, Kurt Fries Foundation, and Swiss Alzheimer’s Association; PI: A. Maercker und S. Forstmeier (insgesamt CHF 980.919 = ca. EUR 896.000)
- 2008-2009 „Effects of stress, social anxiety, and smoking on self-control“, funded by Helen Bieber Fonds (Zurich); PI: S. Forstmeier (CHF 2.680 = ca. EUR 2.500)
- 2008 „Volitional competencies as predictors of therapy effect“, funded by Sorbi Foundation (Bad Kreuznach); PI: S. Forstmeier (EUR 3.170)
- 2007-2008 „Resources in old age“, funded by Hedwig Widmer Foundation (Zurich), PI: S. Forstmeier (CHF 7.310 = ca. EUR 6.700)

Promotion of young researchers

1. Becker, T. (Prom. expected 2022). Structural deficits in psychotherapy patients in old age. University of Siegen.
2. Ochel, J. (Prom. expected 2022). *Attachment and cognitive deficits over the lifespan*. University of Siegen.
3. Pracht, A. (Prom. expected 2022). *Children of parents with mental disorders*. University of Siegen.
4. Schmidt, J. (Prom. expected 2021). *Horse-assisted Life Review with people in the second half of life with subclinical depression*. University of Siegen.
5. Zimmermann, S. (Prom. expected 2020). *Mental Health in Holocaust survivors*. University of Siegen.
6. Scheel, C. (Habil. expected 2020). *Shame and personality development across the lifespan*. Central Institute Mannheim.
7. Fereydouni, S. (Prom. expected 2020). *Cross-cultural investigation of reminiscence functions, cultural and religious values, and well-being in old age in Iran and Germany*. University of Siegen.
8. Mortazavi, Z. (Prom. expected 2020). *Adult attachment style, emotion regulation, and mental health*. University of Siegen.
9. Göllner, L. (Prom. expected 2019). *Selfregulation over the lifespan*. University of Siegen.
10. Hesse, M. (Prom. expected 2019). *Biographical work with palliative patients*. University of Siegen.
11. Bachem, R. (Prom. 2015). *Sense of Coherence across the lifespan: Evaluation of a new conceptualization*. University Zurich. Supervised with Prof. A. Maercker.
12. Pfeifer, L. (Prom. 2015). *Caregiver burden, neuropsychiatric symptoms and impaired awareness in early-stage Alzheimer's disease*. University Zurich.
13. Fankhauser, S. (Prom. 2012). *The impact of motivational and social variables on cognitive and emotional health in the elderly*. University Zurich.
14. Drobetz, R. (Prom. 2012). *Delay of gratification across the lifespan: Psychological processes, neural substrates, and clinical implications*. University Zurich.
15. Mortby, M. (Prom. 2011). *Apathy and Depression in Mild Cognitive Impairment and Alzheimer's Disease and the Role of Premorbid Motivational Abilities as a Predictor and Moderator*. University Zurich.

Publications altogether 105 (incl. chapters and monographs, excl. submitted articles)**Journal papers (peer reviewed)**

1. Lenz, H.-J., Zimmermann, S., & Forstmeier, S. (accepted). Life review and trauma sequelae disorders from a lifespan perspective [German]. *Trauma & Gewalt*.
2. Forstmeier, S., van der Hal, E., Auerbach, M., Maercker, A., & Brom, D. (2020). Life review therapy for Holocaust survivors (LRT-HS): Study protocol for a randomised controlled trial. *BMC Psychiatry*, 20, 186. <https://doi.org/10.1186/s12888-020-02600-5>
3. Mortazavizadeh, Z., Maercker, A., Roth, T., Savaskan, E., & Forstmeier, S. (2020). Quality of the caregiving relationship and quality of life in mild Alzheimer's dementia. *Psychogeriatrics*. doi:10.1111/psyg.12546
4. Hesse, M., Forstmeier, S., & Radbruch, L. (2019). Patients' priorities in a reminiscence and legacy intervention in palliative care. *Palliative Care: Research and Treatment*, 13. doi.org/10.1177/2632352419892629

5. Hesse, M., Forstmeier, S., Cuhls, H., & Radbruch, L. (2019). Volunteers in a biography project with palliative care patients – a feasibility study. *BMC Palliative Care*, 18:79. doi.org/10.1186/s12904-019-0463-0
6. Aulmann, N. & Forstmeier, S. (2019). A Grounded Theory study on the academic performance of female adolescents in the context of family alcohol addiction. *International Archives of Addiction Research and Medicine*, 5:031. doi.org/10.23937/2474-3631/1510031
7. Hesse, M., Forstmeier, S., Mochamat, M., & Radbruch, L. (2019). A review of biographical work in palliative care. *Indian Journal of Palliative Care*, 25, 445-454.
8. Zimmermann, A., Kirschner, H., Singh, S., Altmann, U., Mill, W., Forstmeier, S. & Strauss, B. (2019). Praxistaugliche Materialien zur Durchführung von Lebensrückblicken: Entwicklung und Evaluation von Maßnahmen zur Förderung psychischer Gesundheit im Alter. *Psychotherapeut*, 64, 31-37.
9. Kirschner, H., Zimmermann, A., Singh, S., Forstmeier, S., Mill, W., Werner, B. & Strauss, B. (2019). „Erinnern, erzählen, dabei sein“ – Teilhabe älterer Menschen durch Lebensrückblickinterviews. *Prävention und Gesundheitsförderung*, 14, DOI: 10.1007/s11553-018-0677-7
10. Zimmermann, S. & Forstmeier, S. (2018). From Fragments to Identity: Reminiscence, Life Review and Well-being of Holocaust Survivors. An Integrative Review. *Aging & Mental Health*, Dec 6:1-25. doi: 10.1080/13607863.2018.1525608.
11. Mortazavizadeh, Z. & Forstmeier, S. (2018). The role of emotion regulation in the association of adult attachment and mental health: A systematic review. *Archives of Psychology*, 2, 1-25.
12. Thoma, M.V., Forstmeier, S., Schmid, R., Keller, O., Xepapadakos, F., Schreiter Gasser, U., Blessing, A., Ropohl, A., Bieri-Brünig, G., Debeer, D., & Maercker, A. (2018). Preliminary evidence for an increased likelihood of a stable trajectory in mild cognitive impairment in individuals with higher motivational abilities. *BMC Geriatrics*, 18(181). https://doi.org/10.1186/s12877-018-0865-5
13. Göllner, L., Ballhausen, N., Kliegel, M. & Forstmeier, S. (2018). Delay of Gratification, Delay Discounting and their Associations with Age, Episodic Future Thinking, and Future Time Perspective. *Frontiers in Psychology*, Jan 25;8:2304. doi: 10.3389/fpsyg.2017.02304.
14. Forstmeier, S., Peters, M., Schmitt, H.-J., Wendisch, G., Zimmermann, S., Köberl, A. M. (2018). Behandlungsergebnisse zur Psychosomatischen Rehabilitation über 70jähriger Patienten. *Psychotherapie im Alter*, 15, 67-86.
15. Bohlken, J., Weber, S. A., Forstmeier, S., Kohlmann, T. & Rapp, M. A. (2017). Reminiscence therapy for depression in dementia: An observational study with matched pairs. *GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry*, 30, 145-151.
16. Pfeifer, L., Horn, A. B., Maercker, A. & Forstmeier, S. (2017). Caregiver perception of apathy in persons with mild cognitive impairment or Alzheimer's disease: a longitudinal study. *Aging and Mental Health*, 21, 494-500.
17. Fankhauser, S., Maercker, A. & Forstmeier, S. (2017). Social network and cognitive functioning in old age. *Zeitschrift für Gerontologie und Geriatrie*, 50, 123-131.
18. Thoma, V. M., Maercker, A. & Forstmeier, S. (2017). Evidence for different trajectories of delay discounting in older adults with mild cognitive impairment and mild Alzheimer's disease. *Journal of Gerontology: Psychological Sciences*, 72, 956-965.

19. Hänggi, J., Lohrey, C., Drobetz, R., Baetschmann, H., Forstmeier, S., Maercker, A., Jäncke, L. (2016). Strength of structural and functional frontostriatal connectivity predicts self-control in the healthy elderly. *Frontiers in Aging Neuroscience*, 8, 307. doi: 10.3389/fnagi.2016.00307
20. Forstmeier, S. & Maercker, A. (2015). Motivational processes in mild cognitive impairment and Alzheimer's disease: results from the Motivational Reserve in Alzheimer's (MoReA) study. *BMC Psychiatry*, 15(1), 293.
21. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2015). Cognitive behavioural treatment for mild Alzheimer's patients and their caregivers (CBTAC): study protocol for a randomized controlled trial. *Trials*, 16(1), 526.
22. Simmen-Janevska, K., Forstmeier, S., Krammer, S. & Maercker, A. (2015). Does Trauma impair self-control? Differences in delay discounting between former indentured child laborers and non-traumatized controls. *Violence and Victims*, 30, 1068-1081.
23. Fankhauser, S., Forstmeier, S., Maercker, A., Luppá, M., Luck, T. & Riedel-Heller, S. G. (2015). Risk of dementia in older adults with low versus high occupation-based motivational processes: Differential impact of frequency and proximity of social network. *Journal of Geriatric Psychiatry and Neurology*, 28, 126-135.
24. Drobetz, R., Hänggi, J., Maercker, A., Kaufmann, K., Jäncke, L. & Forstmeier, S. (2014). Structural brain differences between elderly individuals with high versus low delay of gratification. *Behavioural Neuroscience*, 128, 134-145.
25. Fankhauser, S., Drobetz, R., Mortby, M., Maercker, A. & Forstmeier, S. (2014). Depressive symptoms in later life: Differential impact of social support and motivational processes on depression in individuals with and without cognitive impairment. *European Journal of Ageing*, 11, 321-332.
26. Blessing, A., Eschen, A. & Forstmeier, S. (2014). Emotionen als Wirkfaktoren psychosozialer Interventionen bei Alzheimer Demenz. *Zeitschrift für Psychiatrie, Psychologie und Psychotherapie*, 62, 191-199.
27. Schwarzbach, M., Luppá, M., Forstmeier, S., König, H.-H. & Riedel-Heller, S. G. (2014). Social relations and depression in late life – A systematic review. *International Journal of Geriatric Psychiatry*, 29, 1-21.
28. Pfeifer, L., Drobetz, R., Fankhauser, S., Mortby, M., Maercker, A. & Forstmeier, S. (2013). Caregiver rating bias in Mild Cognitive Impairment and early-stage Alzheimer's disease: Impact of caregiver burden and depression on rating discrepancy across domains. *International Psychogeriatrics*, 25, 1345-1355.
29. Preschl, B., Maercker, A., Wagner, B., Forstmeier, S., Baños, R., Alcañiz, M., Castilla, D., Botella, C. (2012). Life-review intervention with computer supplements for depression in the elderly: A randomized controlled trial. *Ageing and Mental Health*, 16, 964-974.
30. Drobetz, R., Maercker, A., Spiess, C. K., Wagner, G. G. & Forstmeier, S. (2012). A household study of self-regulation in children: Intergenerational links and maternal antecedents in children's self-regulation. *Swiss Journal of Psychology*, 71, 215-226.
31. Maercker, A., Forstmeier, S., Pielmaier, L., Spangenberg, L., Bähler, E. & Glaesmer, H. (2012). Adjustment disorders: Prevalence in a representative nationwide survey in Germany. *Social Psychiatry and Psychiatric Epidemiology*, 47, 1745-1752.
32. Pinquart, M. & Forstmeier, S. (2012). Effects of reminiscence interventions on psychological outcomes: A meta-analysis. *Ageing and Mental Health*, 16, 541-558.

33. Forstmeier, S., Maercker, A., Maier, W., van den Bussche, H., Riedel-Heller, S., Kaduszkiewicz, H., Pentzek, M., Weyerer, S., Bickel, H., Tebarth, F., Lupp, M., Wollny, A., Wiese, B., & Wagner, M. (2012). Motivational Reserve: Motivation-Related Occupational Abilities and Risk of Mild Cognitive Impairment and Alzheimer Disease. *Psychology and Aging, 27*, 353-363.
34. Drobetz, R., Maercker, A. & Forstmeier, S. (2012). Delay of gratification in old age: Assessment, age-related effects, and clinical implications. *Aging Clinical and Experimental Research, 24*, 6-14.
35. Mortby, M., Maercker, A. & Forstmeier, S. (2012). Apathy: A separate syndrome from depression in dementia? *Aging Clinical and Experimental Research, 24*, 305-316.
36. Mortby, M., Maercker, A. & Forstmeier, S. (2011). Midlife motivational abilities predict apathy and depression in Alzheimer's disease: The Aging, Demographics and Memory Study. *Journal of Geriatric Psychiatry and Neurology, 24*, 151-160.
37. Preschl, B., Wagner, B., Forstmeier, S. & Maercker, A. (2011). E-Health interventions for depression, anxiety disorder, dementia, and other disorders in old age: A review. *Journal of CyberTherapy and Rehabilitation, 4*, 371-385.
38. Müller, M., Wagner, B., Forstmeier, S. & Maercker, A. (2011). Traditional versus modern values and interpersonal factors predicting stress response syndromes in a Swiss elderly population. *Psychology, Health & Medicine, 16*, 631-640.
39. Forstmeier, S. & Maercker, A. (2011). Selbstkontrolle im höheren Erwachsenenalter: Eine deutsche Version des Delay Discounting Tests von Kirby. *Psychotherapie, Psychosomatik, Medizinische Psychologie, 61*, 269-274.
40. Forstmeier, S., Drobetz, R. & Maercker, A. (2011). The Delay of Gratification Test for Adults (DoG-A): Validating a behavioral measure of self-motivation in a sample of older people. *Motivation and Emotion, 35*, 118-134.
41. Fankhauser, S., Wagner, B., Krammer, S., Aeschbach, M., Pepe, A., Maercker, A. & Forstmeier, S. (2010). The impact of social and interpersonal resources on adjustment disorder symptoms in older age: Motivational variables as mediators? *Journal of Gerontopsychology and Geriatric Psychiatry, 23*, 227-241.
42. Glaesmer, H., Gunzelmann, T., Brähler, E., Forstmeier, S. & Maercker, A. (2010). Traumatic experiences and post-traumatic stress disorder among elderly German: Results of a representative population-based survey. *International Psychogeriatrics, 22*, 661-670.
43. Forstmeier, S., Kuwert, P., Spitzer, C., Freyberger, H. J. & Maercker, A. (2009). Post-traumatic growth, social acknowledgment as survivors, and sense of coherence in former German child soldiers of World War II. *American Journal of Geriatric Psychiatry, 17*, 1030-1039.
44. Forstmeier, S. & Maercker, A. (2009). Die Reservekapazität des Gehirns: Motivationale, kognitive und körperliche. *Zeitschrift für Neuropsychologie, 20*, 47-58.
45. Forstmeier, S. & Maercker, A. (2009). Potentially modifiable risk factors in the development of Alzheimer's Disease. *European Neurological Review, 4*, 18-21.
46. Forstmeier, S., Mortby, M., & Maercker, A. (2009). Kognitive, behaviorale und achtsamkeitsbasierte Interventionen in der Alterspsychotherapie. *Psychotherapie in Psychiatrie, Psychotherapeutischer Medizin und klinischer Psychologie, 14*, 277-285.
47. Forstmeier, S. & Maercker, A. (2008). Motivational reserve: Lifetime motivational abilities influence cognitive and emotional health in old age. *Psychology and Aging, 23*, 886-899.

48. Forstmeier, S. & Rüdell, H. (2008). Measuring volitional competences: Psychometric properties of a short form of the Volitional Components Questionnaire (VCQ) in a clinical sample. *Open Psychology Journal*, 1, 66-77.
49. Forstmeier, S. & Maercker, A. (2008). Die Rolle motivationalen Ressourcen im 6. Lebensjahrzehnt und ihre Förderung in der Psychotherapie. *Psychotherapie im Alter*, 5, 513-525.
50. Maercker, A., Forstmeier, S., Wagner, B., Glaesmer, H. & Brähler, E. (2008). Posttraumatische Belastungsstörungen in Deutschland: Ergebnisse einer gesamtdeutschen epidemiologischen Untersuchung. *Nervenarzt*, 79, 577-586.
51. Maercker, A., Forstmeier, S.,ENZLER, A., KRÜSI, G., HELFENSTEIN, E., HÖRLER, E., MAIER, C. & EHLERT, U. (2008). Adjustment disorders, PTSD, and depressive disorders in old age: Findings from a community survey. *Comprehensive Psychiatry*, 49, 113-120.
52. Forstmeier, S. & Maercker, A. (2008). Ressourcenorientierte Diagnostik im Alter. *Klinische Diagnostik und Evaluation*, 1, 186-204.
53. Forstmeier, S. & Maercker, A. (2007). Comparison of two diagnostic systems for Complicated Grief. *Journal of Affective Disorders*, 99, 203-211.
54. Forstmeier, S. & Rüdell, H. (2007). Improving volitional competence is crucial for the efficacy of psychosomatic therapy: A controlled clinical trial. *Psychotherapy and Psychosomatics*, 76, 89-96.
55. Forstmeier, S., Uhlendorff, H. & Maercker, A. (2005). Diagnostik von Ressourcen im Alter. *Zeitschrift für Gerontopsychologie und -psychiatrie*, 18, 227-257.
56. Forstmeier, S. & Rüdell, H. (2005). Zur Überlegenheit von Selbstregulation über Selbstkontrolle in Psychotherapie und psychosomatischer Rehabilitation. *Verhaltenstherapie*, 15, 158-166.
57. Forstmeier, S. & Rüdell, H. (2004). Volitionale Kompetenzen als Prädiktoren des Therapieerfolgs von Psychotherapien und psychosomatischer Rehabilitation. *Praxis der Klinischen Verhaltensmedizin und Rehabilitation*, 67, 206-215.
58. Lavric, A., Pizzagalli, D. & Forstmeier, S. (2004). When 'go' and 'nogo' are equally frequent: ERP components and cortical tomography. *European Journal of Neuroscience*, 20, 2483-2488.
59. Lavric, A., Pizzagalli, D., Forstmeier, S. & Rippon, G. (2001). A double-dissociation of English past-tense production revealed by Event-Related Potentials and Low Resolution Electromagnetic Tomography (LORETA). *Clinical Neurophysiology*, 112, 1833-1849.
60. Lavric, A., Pizzagalli, D., Forstmeier, S. & Rippon, G. (2001). Mapping dissociations in verb morphology. *Trends in Cognitive Sciences*, 5, 301-308.
61. Lavric, A., Forstmeier, S. & Rippon, G. (2000). Differences in working memory involvement in analytical and creative tasks: an ERP study. *NeuroReport*, 11, 1613-1618.

Journal papers (non peer reviewed)

1. Forstmeier, S. (2020). Editorial: Clinical geropsychology. *GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry*, 33, 53-54.
2. Forstmeier, S. & Kessler, E. (2019). Editorial: Intergenerational relationships. *Psychotherapie im Alter*, 16, 1-2.
3. Forstmeier, S. (2018). Biografie-Arbeit mit älteren Menschen. *Lichtblick: Magazin für praktizierte Individualpsychologie*, 106, 8-9.
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Teaching (lectures and seminars)

At the University of Siegen

SS 2019	Resilience research (Resilienzforschung) (S)
	Mental disorders in childhood and adolescence (Psychische Störungen in Kindheit und Jugend) (S)
	Mental disorders in school children (Psychische Störungen bei Schulkindern) (S)
WS 2018/19	Sabbatical

- SS 2018 Resilience research (Resilienzforschung) (S)
 Mental disorders in childhood and adolescence (Psychische Störungen in Kindheit und Jugend) (S)
 Geropsychology: Foundations and applications (Gerontopsychologie: Grundlagen und Anwendung) (S)
- WS 2017/18 Introduction into Developmental Psychology (Einführung in die Entwicklungspsychologie) (V)
 Case studies in Developmental Psychology (Fallstudien zur Entwicklungspsychologie) (S)
 Prevention of bullying in social work (Prävention von Bullying in der Sozialen Arbeit) (S)
 Bullying at schools (Bullying an Schulen) (S)
- SS 2017 Geropsychology: Foundations and applications (Gerontopsychologie: Grundlagen und Anwendung) (S)
 Mental disorders in childhood and adolescence (Psychische Störungen in Kindheit und Jugend) (S)
 Current topics and results in developmental psychology (Aktuelle Themen und Befunde in der Entwicklungspsychologie) (S)
 Risks and resilience over the lifespan (Risiken und Resilienz über die Lebensspanne) (S)
- WS 2016/17 Introduction into Developmental Psychology (Einführung in die Entwicklungspsychologie) (V)
 Case studies in Developmental Psychology (Fallstudien zur Entwicklungspsychologie) (S)
 Procrastination in learning contexts (Prokrastination im Lernkontext) (S)
 Procrastination: Foundations and applications (Prokrastination: Grundlagen und Anwendung) (S)
 Stress management in children and adolescence (Stressbewältigung bei Kindern und Jugendlichen) (S)
- SS 2016 Geropsychology: Foundations and applications (Gerontopsychologie: Grundlagen und Anwendung) (S)
 Mental disorders in childhood and adolescence (Psychische Störungen in Kindheit und Jugend) (S)
 Supporting reminiscence processes (Reminiszenzprozesse unterstützen) (S)
 Risks and resilience over the lifespan (Risiken und Resilienz über die Lebensspanne) (S)
- WS 2015/16 Introduction into Developmental Psychology (Einführung in die Entwicklungspsychologie) (V)
 Case studies in Developmental Psychology (Fallstudien zur Entwicklungspsychologie) (S)
 Developmental psychology of religiosity and spirituality (Entwicklungspsych. der Religiosität u. Spiritualität in der Lebensspanne) (S)

- Applied Developmental Psychology (Angewandte Entwicklungspsychologie) (S)
- Bullying with children and adolescents (Bullying: Mobbing bei Kindern und Jugendlichen) (S)
- SS 2015 Geropsychology: Foundations and applications (Gerontopsychologie: Grundlagen und Anwendung) (S)
- Current topics and results in developmental psychology (Aktuelle Themen und Befunde in der Entwicklungspsychologie) (S)
- Mental disorders in childhood and adolescence (Psychische Störungen in Kindheit und Jugend) (S)
- Risks and resilience over the lifespan (Risiken und Resilienz über die Lebensspanne) (S)
- WS 2014/15 Introduction into Developmental Psychology (Einführung in die Entwicklungspsychologie) (V)
- Case studies in Developmental Psychology (Fallstudien zur Entwicklungspsychologie) (S)
- Applied Developmental Psychology (Angewandte Entwicklungspsychologie) (S)
- Reminiscence in childhood and adolescence (Reminiszenz in Kindheit und Jugend) (S)
- Self-regulation in childhood and adolescence (Selbstregulation in Kindheit und Jugend) (S)

At the University of Zurich

- FS 2014 Experimental training course (Experimentalpraktikum)
- Case-related learning in psychopathology II (Fallbezogenes Lernen in der Psychopathologie II) (Seminar)
- Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- HS 2013 Current topics in psychopathology (Aktuelle Themen der Psychopathologie) (Seminar)
- Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- FS 2013 Experimental training course (Experimentalpraktikum)
- Case-related learning in psychopathology II (Fallbezogenes Lernen in der Psychopathologie II) (Seminar)
- Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- HS 2012 Stress-response syndromes (Ausgewählte Themen der Klinischen und Gesundheitspsychologie 2 / Belastungsfolgestörungen) (Seminar)
- Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)

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 Case-related learning in psychopathology II (Fallbezogenes Lernen in der Psychopathologie II) (Seminar)
 Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- HS 2011 Stress-response syndromes (Ausgewählte Themen der Klinischen und Gesundheitspsychologie 2 / Belastungsfolgestörungen) (Seminar)
 Foundations of diagnostics in psychopathology (Grundlagen der Diagnostik in der Psychopathologie) (Vorlesungsvertretung)
 Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- FS 2011 Experimental training course (Experimentalpraktikum)
 Case-related learning in psychopathology II (Fallbezogenes Lernen in der Psychopathologie II) (Seminar)
 Interactive course in the postgradual training in psychopathology (Interaktiver Kurs der Ausbildungsergänzung Psychopathologie) (Seminar)
 Project group Clinical Geropsychology (Projektgruppe Klinische Gerontopsychologie)
- HS 2010 Stress-response syndromes (Ausgewählte Themen der Klinischen und Gesundheitspsychologie 2 / Belastungsfolgestörungen) (Seminar)
 Clinical examination in psychopathology (Die klinische Untersuchung in der Psychopathologie) (Vorlesungsvertretung)
 Project group Motivation as psychological resource (Projektgruppe Motivation als psychische Ressource)
- FS 2010 Experimental training course (Experimentalpraktikum)
 Case-related learning in psychopathology II (Fallbezogenes Lernen in der Psychopathologie II) (Seminar)
 Interactive course in the postgradual training in psychopathology (Interaktiver Kurs der Ausbildungsergänzung Psychopathologie) (Seminar)
 Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
- HS 2009 Depressive disorders (Ausgewählte Themen der KliGe 2 / Depressive Störungen)
 Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
- FS 2009 Experimental training course (Experimentalpraktikum)
 Psychopathology Thought Online (Online-Kurs)
 Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
- HS 2008 Depressive disorders (Ausgewählte Themen der KliGe 2 / Depressive Störungen)

	Introduction to psychopathology (Einführung in die Psychopathologie) (Vorlesung)
	Research colloquium (Forschungskolloquium)
	Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
FS 2008	Experimental training course (Experimentalpraktikum)
	Interactive course in the postgradual training in psychopathology (Interaktiver Kurs der Ausbildungsergänzung Psychopathologie) (Seminar)
	Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
HS 2007	Project group Motivation as psychological resource in old age (Projektgruppe Motivation als psychische Ressource im Alter)
SS 2007	Structured clinical diagnostics and documentation in psychiatry (Strukturierte klinische Diagnostik und Dokumentation in der Psychiatrie) (Seminar)
	Schizophrenia (Vorlesungsvertretung)
	Psychotherapy in old age (Psychotherapie im Alter) (Übung Forschung)
WS 2006/07	Structured clinical diagnostics and documentation in psychiatry (Strukturierte klinische Diagnostik und Dokumentation in der Psychiatrie) (Seminar)
SS 2006	Structured clinical diagnostics and documentation in psychiatry (Strukturierte klinische Diagnostik und Dokumentation in der Psychiatrie) (Seminar)

An der Universität Trier

SS 2005	Observation practical training (Beobachtungspraktikum)
	Volitional processes in psychotherapy (Volitionale Prozesse in der Psychotherapie) (Seminar)

Conference presentations and lectures

1. Forstmeier, S. (2019). *Motivation regulation mediates the relationship between apathy of the person with dementia and the burden of the caregiver*. 19th WPA World Congress of Psychiatry, Lisbon, Portugal, 21-24 August, 2019.
2. Forstmeier, S., Maercker, S., Savaskan, E. & Roth, T. (2019). *Cognitive-behavioral treatment for patients with mild Alzheimer's dementia (CBTAC): Results of an RCT*. Paper presented at the XVI European Congress of Psychology, Moscow, Russia, 3-5 July, 2019.
3. Zimmermann, S. & Forstmeier, S. (2018). *From fragments to identity. Reminiscence, Life Review and Well-Being of Holocaust Survivors*. Poster presented at the ESTSS Conference, Rotterdam, 14.-16. June, 2019.
4. Forstmeier, S., (2019). *Motivational reserve: Motivational abilities have an impact on neuropathological aging*. Invited lecture at the XII National Conference of the Italian Society of Aging Psychology, Pescara, Italy, 31.5.-1.6.2019.
5. Forstmeier, S. (2019). *Motivational abilities have an impact on neuropathological aging*. Invited paper at the Aging Spring Seminar, Expert Conference at the SWPS University of Social Sciences and Humanities, Warsaw, Poland, 7-10 April, 2019
6. Göllner, L., Pinquart, M. & Forstmeier, S. (2018). *Familial associations of self-regulation (Familiärer Zusammenhang von Selbstregulation - welche Rolle spielt die kindliche*

- Sozialisation?*). Poster presented at the 51. Congress of the German Association of Psychology (DGPs), University of Frankfurt, 15.09.-20.09.2018.
7. Zimmermann, S., Brom, D., Auerbach, D., van der Hal, E. & Forstmeier, S. (2018). Life Review Therapy for Holocaust Survivors: Treatment concept and study design. Poster presented at the 48th Annual EABCT Congress, 5-8 September, 2018, Sofia, Bulgaria.
 8. Forstmeier, S., Schmitt, H.-J., Wendisch, G., Zimmermann, S., Köberl, A. M. & Peters, M. (2018). *Efficacy of psychosomatic rehabilitation over 70 years of age (Wirksamkeit der psychosomatischen Rehabilitation über 70-jähriger)*. Poster presented at the 36. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, Universität Koblenz-Landau, 10.-12.5.2018.
 9. Forstmeier, S. (2018). *Biographical work and life review in psychotherapy of older people (Biographiearbeit und Lebensrückblick in der Psychotherapie Erwachsener)*. Paper presented at the Fachtag des Fachverbands für Biographiearbeit (FaBia), Frankfurt am Main, 21.9.2018.
 10. Pracht, A. K., Gibas, C., Schmücker, V., Brück, R. & Forstmeier, S. (2018). *FOCUS. Focusing for Older Employees at Computer-Workspaces: An User Supportive Smart System*. Poster presented at the 51. DGPs-Kongress, Frankfurt am Main, 15.-20.9.2018.
 11. Zimmermann, S., Brom, D., Auerbach, D., van der Hal, E. & Forstmeier, S. (2018). Life Review Therapy for Holocaust Survivors. Paper presented at the Expert Meeting of the Bundesverband Information und Beratung für NS-Verfolgte, Workshop on Descendants of Survivors, 11.-12. April, 2018.
 12. Zimmermann, S. & Forstmeier, S. (2017). *Life review therapy with Holocaust survivors (Lebensrückblicktherapie mit Holocaust-Überlebenden)*. Paper presented at the Conference „Biografische Erbschaften: Transgenerationale Perspektiven in der Biografiearbeit“, Siegen, Germany, 22.-23. September, 2017.
 13. Göllner, L. & Forstmeier, S. (2017). *Self-regulation in Families and the Impact of Children's Socialization*. Paper presented at the 18. European Conference on Developmental Psychology, Utrecht, the Netherlands, 29.08.-01.09.2017.
 14. Forstmeier, S., Maercker, S., Savaskan, E. & Roth, T. (2017). *Integrative Cognitive Behavior Therapy for People with Mild Alzheimer's Disease: Results of an RCT*. Poster presented at the IAAG World Congress of Gerontology & Geriatrics, San Francisco, CA, USA, July 23-27, 2017.
 15. Forstmeier, S. (2017). *Experienced bad things? Help life review? (Schlimme Dinge erlebt – Hilft Lebensrückblick?)* Paper presented at the 35. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, Technische Universität Chemnitz, 25.-27.5.2017.
 16. Pracht, A. K., Gibas, C., Schmücker, V., Brück, R. & Forstmeier, S. (2017). *FOCUS. Focusing for Older Employees at Computer-Workspaces: An User Supportive Smart System*. Poster presented at the 1. Tagung des DGGG-Arbeitskreises Alter und Technik, Katholische Hochschule Freiburg, 17.-18.5.2017.
 17. Forstmeier, S., Maercker, A., Pfeifer, L., Savaskan, E. & Roth, T. (2016). *Psychotherapy in mild Alzheimer's disease (Psychotherapie bei beginnender Alzheimer Demenz)*. Paper presented at the Kongress der Deutschen Gesellschaft für Psychiatrie, Psychotherapie, Psychosomatik und Nervenheilkunde (DGPPN), Berlin, 23.-26.11.2016.
 18. Forstmeier, S. & Göllner, L. (2016). *Positive life review and positive future perspective in old age: A cross-sectional study on the superiority of a bidirectional time perspective (Positiver Lebensrückblick und positive Zukunftssicht im Alter: Eine Querschnittsstudie*

- zu der Überlegenheit einer bidirektionalen Zeitperspektive). Paper presented at the 50. Kongress der Deutschen Gesellschaft für Psychologie, Leipzig, 18.-22.9.2016.
19. Göllner, L. & Forstmeier, S. (2016). *Familial associations of delay of gratification (Familiale Zusammenhänge von Belohnungsaufschub – welche Rolle spielt der Erziehungsstil und Bindungstyp?)* Poster auf dem 50. Kongress der Deutschen Gesellschaft für Psychologie, Leipzig, 18.-22.9.2016.
 20. Forstmeier, S. (2016). *Motivational Reserve: Influence of motivational processes on cognitive and affective health in old age*. Invited lecture at the 1° giornata della geropsicologia: tra scienza e professione. Università di Chieti, Italien, 15.9.2016.
 21. Forstmeier, S. (2016). *Cognitive behavioral therapy with patients with Alzheimer's disease (Kognitive Verhaltenstherapie bei Patienten mit Alzheimer-Demenz und ihren Angehörigen)*. Paper presented at the Gerontologie und Geriatrie Kongress, Stuttgart, 7.-10.9.2016.
 22. Forstmeier, S. (2016). *Delay of Gratification during the course of MCI and Alzheimer's dementia*. Paper presented at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development. Vilnius, Litauen, 10.-14.7.2016.
 23. Göllner, L. & Forstmeier, S. (2016). *Delay of Gratification, Delay Discounting and their Associations with Age, Episodic Future Thinking, and Future Time Perspective*. Paper presented at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development. Vilnius, Litauen, 10.-14.7.2016.
 24. Hänggi, J., Forstmeier, S., Maercker, A. & Jäncke, L. (2016). *Structural and functional frontostriatal connectivity strength predicts self-control in the elderly*. Poster presented at the 22nd Annual Meeting of the Organization of Human Brain Mapping, Geneva, Switzerland, 26.-30.6.2016.
 25. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2016). *An integrative, CBT-based treatment approach for individuals with mild Alzheimer's and their caregivers: Results of an RCT*. Paper presented at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel, 22.-25.6.2016.
 26. Forstmeier, S., Brom, D., Auerbach, M., van der Hal, E. & Maercker, A. (2016). *Life Review Therapy for Holocaust Survivors: Treatment concept and study design*. Poster presented at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel, 22.-25.6.2016.
 27. Forstmeier, S. (2016). *Biographical work in the context of cultural education (Biografiearbeit im Kontext kultureller Bildung)*. Paper presented at the Interdisziplinäre Tagung der Fakultät Bildung Architektur Künste der Universität Siegen „Kulturelle Bildung – Bildende Kultur“, 6.-8.4.2016.
 28. Forstmeier, S. (2015). *Motivational processes in middle adulthood as resilience factor for cognitive decline in old age (Motivationale Prozesse im mittleren Lebensalter als Resilienzfaktoren für kognitiven Abbau im höheren Lebensalter)*. Paper presented at the 22. Tagung der Fachgruppe Entwicklungspsychologie der DGPs (EPSY), Universität Frankfurt, 31.8-2.9.2015.
 29. Forstmeier, S. (2015). *Resilience processes in former child soldiers of WW2 (Resilienzprozesse bei ehemaligen Kindersoldaten des 2. Weltkrieges: Soziale und personale Ressourcen)*. Paper presented at the 22. Tagung der Fachgruppe Entwicklungspsychologie der DGPs (EPSY), Universität Frankfurt, 31.8-2.9.2015.
 30. Göllner, L., Ballhausen, N., Kliegel, M. & Forstmeier, S. (2015). *Delay of gratification over the lifespan: Age differences and associations with Episodic Future Thinking and*

- future time perspective (Belohnungsaufschub über die Lebensspanne: Gibt es Altersunterschiede und Zusammenhänge mit Episodic Future Thinking und zukünftiger Zeitperspektive)*. Poster presented at the 22. Tagung der Fachgruppe Entwicklungspsychologie der DGPs, Universität Frankfurt, 31.08.-02.09.2015.
31. Forstmeier, S., Maercker, A., Pfeifer, L., Savaskan, E. & Roth, T. (2015). *A cognitive-behavioral therapeutic treatment program for patients with mild Alzheimer's disease and their caregivers (Ein kognitiv-verhaltenstherapeutisches Behandlungsprogramm für Patienten mit leichter Alzheimer-Demenz und ihre Angehörigen: Erste Ergebnisse einer randomisierten kontrollierten Studie)*. Paper presented at the 33. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, Technische Universität Dresden, 14.-16.5.2015.
 32. Forstmeier, S. (2014). *Psychotherapy in old age: Life Review Therapy with affective and neurodegenerative disorders (Psychotherapie im höheren Lebensalter: Lebensrückblicktherapie bei affektiven und neurodegenerativen Erkrankungen)*. Eingeladener Vortrag an der Klinik und Poliklinik für Psychiatrie, Universitätsklinikum Bonn, 20.11.2014.
 33. Forstmeier, S. (2014). Paper presented at the 3. Demografie-Dialog Schweiz, Die Schweiz und ihre Nationale Demenzstrategie 2014-17. Reitenau/AG, 20.-21.5.2014.
 34. Forstmeier, S. (2014). *Which role can psychotherapy play in the psychosocial support of people with dementia? (Welche Rolle kann Psychotherapie in der psychosozialen Begleitung von Menschen mit Demenz spielen?)* Invited paper presented at the dedicated Kongress „Demenz im Heim“, Bern, 19.5.2014.
 35. Forstmeier, S. (2014). *Happy and successful aging? How can it succeed? (Glücklich und erfolgreich Altern? Wie das gelingen könnte...)*. Invited lecture at the 4. Regionaler Anlass des WDA Forums, St. Gallen, 5.5.2014.
 36. Forstmeier, S. & Maercker, A. (2014). *Depression and apathy with persons with MCI and mild AD: Course and predictors (Depression und Apathie bei Personen mit leichter kognitiver Störung und beginnender Alzheimer-Demenz: Verlauf und Prädiktoren)*. Paper presented at the 11th Conference of the Austrian Society of Psychology, Wien, April 24-26, 2014.
 37. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2013). *Self-reported relationship quality and quality of life in persons with mild AD (Selbstbeurteilte Beziehungsqualität und Lebensqualität von Personen mit leichter Alzheimer-Demenz)*. Paper presented at the DGPPN Congress 2013, Berlin, November 27-30, 2013.
 38. Forstmeier, S., Drobotz, R. & Maercker, A. (2013). *Delay of gratification and delay discounting in the course of MCI and AD (Belohnungsaufschub und Delay Discounting im Verlauf von leichter kognitiver Beeinträchtigung und Alzheimer-Demenz)*. Poster presented at the DGPPN Congress 2013, Berlin, November 27-30, 2013.
 39. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2013). *Caregiving relationship and quality of life in mild Alzheimer's dementia*. Paper presented at the 65th Annual scientific meeting of the Gerontological Society of America, New Orleans, USA, November 20-24, 2013.
 40. Forstmeier, S. (2013). *Live Review Therapy for older people with childhood traumas*. Paper presented at the 10th International Reminiscence and Life Review Conference, New Orleans, USA, November 18-19, 2013.
 41. Forstmeier, S. & Rüdell, H. (2013). *Change of self-regulation in the motivational and volitional phases of behavior change*. Paper presented at the 13th Biannual Congress of the Swiss Psychological Society, Basel, Switzerland, September 11-12, 2013.

42. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2013). *Beziehungsqualität und Lebensqualität bei leichter Alzheimer-Demenz: Erste Ergebnisse*. Paper presented at the 31. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, Trier, Germany, Mai 9-11, 2013.
43. Glück, T. & Forstmeier, S. (2013). *Responsibility attributions after a traumatic event: Influence on anger, revenge feelings, affect and PTSD-symptoms in an experimental analogue study*. Paper presented at the 13th European Conference on Traumatic Stress, Bologna, Italy, June 6-12, 2013.
44. Forstmeier, S. (2013). *Psychotherapeutische Hilfe bei beginnender Alzheimer-Demenz*. Eingeladener Vortrag bei Atempausen, einem wöchentlichen Event der Alzheimervereinigung Zürich, 22. März 2013.
45. Forstmeier, S. (2013). *Der Lebensrückblick – Eine psychotherapeutische Intervention (nicht nur) für alte Menschen*. Eingeladener Vortrag am Zentrum für Psychosoziale Medizin der Universität Heidelberg, 20. Februar 2013.
46. Forstmeier, S. (2012). *Clinical geropsychology and psychotherapy with older people*. Invited talk at the University of Geneva, Switzerland, December 12, 2012.
47. Forstmeier, S. (2012). *Kognitiv-behaviorale Verhaltenstherapie im Alter*. Paper presented at the DGPPN Congress 2012, Berlin, November 21-24, 2012.
48. Forstmeier, S. (2012). *Differentieller Einfluss motivationaler Selbstregulation auf kognitive Beeinträchtigung und Depression/Apathie bei Alzheimer-Demenz*. Paper presented at the DGPPN Congress 2012, Berlin, November 21-24, 2012.
49. Forstmeier, S. (2012). *Die Zuschreibung der Verantwortung für ein traumatisches Ereignis und ihr Einfluss auf Rachegefühle, Ärgergefühle, Stimmung und PTBS-Symptome: Eine experimentelle Analogstudie*. Poster presented at the DGPPN Congress 2012, Berlin, November 21-24, 2012.
50. Forstmeier, S. (2012). *Psychotherapie bei beginnender Alzheimer-Demenz*. Invited talk at the Schaffhauser Psychiatry Talks, Schaffhausen, Switzerland, October 25, 2012.
51. Forstmeier, S. (2012). *Forschung – Demenz – Zukunft*. Paper presented at the Demetia Conferende „Zukunftswerkstatt Demenz“, Wiedlisbach, Switzerland, Oktober 17, 2012.
52. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2012). *A comprehensive, CBT-based treatment approach for individuals with mild Alzheimer's and their caregivers: A case study*. Paper presented at the 42nd European Association for Behavioral and Cognitive Therapies, Geneva, Switzerland, August 29 – September 1, 2012.
53. Forstmeier, S. (2012). *Kognitiv-verhaltenstherapeutische Behandlung für Patienten mit Alzheimer-Demenz. (Cognitive behavioral treatment of people with Alzheimer's dementia)*. Invited lecture at the Psychiatric University Hospital Zurich, Zurich, Switzerland, July 5, 2012
54. Forstmeier, S., Pfeifer, L. & Maercker, A. (2012). *Wie kann die Diskrepanz zwischen Selbst- und Fremdeinschätzung der Symptomatik von Personen mit Leichter Kognitiver Störung und beginnender Alzheimerkrankheit erklärt werden? (How can the discrepancy between self and informant rating of the symptoms of people with mild cognitive impairment and mild Alzheimer's dementia be explained?)* Paper presented at the 30th Symposium der Fachgruppe Klinische Psychologie der DGPs, Luxemburg, May 17-19, 2012.
55. Forstmeier, S. & Roth, T. (2012). *Wie motiviert sind Personen mit beginnender Alzheimer-Demenz und ihre Angehörigen zu einer psychotherapeutischen Behandlung? (How*

- motivated are people with mild Alzheimer's dementia and their caregivers for a psychotherapeutic treatment? Paper presented at the 30th Symposium der Fachgruppe Klinische Psychologie der DGPs, Luxemburg, May 17-19, 2012.*
56. Forstmeier, S. (2012). *Motivationale Reservekapazität bei Alzheimer-Demenz. (Motivational reserve in Alzheimer's dementia)* Invited talk at the Integrated Psychiatric Hospital Winterthur (IPW), Switzerland, March 30, 2012.
 57. Forstmeier, S., Mortby, M. & Maercker, A. (2012). *Differential impact of midlife motivational abilities on cognitive impairment and depression/apathy in Alzheimer's patients.* Paper presented at the 27th International Conference of Alzheimer's Disease International, London, UK, March 7-10, 2012.
 58. Forstmeier, S., Pfeifer, L. & Roth, T. (2012). *How motivated are people with mild Alzheimer's dementia to participate in a non-pharmacological intervention? Comparison with other patients, correlates, and prediction of outcome.* Poster presented at the 27th International Conference of Alzheimer's Disease International, London, UK, March 7-10, 2012.
 59. Forstmeier, S. (2012). *Psychological Alzheimer's research: Cognitive-behavioural interventions and motivational variables in the development of Alzheimer's disease.* Paper presented at the INTERDEM Meeting, London, UK, March 7, 2012.
 60. Forstmeier, S., Drobetz, R. & Maercker, A. (2011). *Belohnungsaufschub im Alter: Vergleich zwischen Personen mit und ohne kognitive Beeinträchtigung (Delay of gratification in old age: Comparison between individuals with and without cognitive impairment).* Paper presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.
 61. Pfeifer, L., Drobetz, R., Fankhauser, S., Mortby, M., Maercker, A. Forstmeier, S. (2011). *Schweregrad der kognitiven Beeinträchtigung und nicht-kognitive Symptome als Prädiktoren des Belastungserlebens von Angehörigen von Menschen mit leichter kognitiver Beeinträchtigung oder Alzheimer-Demenz (Severity of cognitive impairment and non-cognitive symptoms as predictors of caregiver burden).* Poster presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.
 62. Forstmeier, S., Müller, M., Wagner, B. & Maercker, A. (2011). *Traditionelle vs. moderne Werte und interpersonelle Faktoren sagen Stress-Reaktions-Syndrome im Alter vorher (Traditional vs. modern values and interpersonal factors predict stress-response-syndromes in old age).* Poster presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.
 63. Forstmeier, S., Mortby, M. & Maercker, A. (2011). *Apathie und Motivationsregulation kognitiv beeinträchtigter älterer Menschen und das Belastungserleben ihrer Angehörigen (Apathy and motivation regulation of cognitively impaired older people and caregiver burden).* Paper presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.
 64. Forstmeier, S. & Ehring, T. (2011). *Die Rolle von abstraktem und konkretem Denken bei der Verarbeitung traumatischer Erlebnisse: Eine experimentelle Analogstudie (The role of abstract and concrete thinking in the processing of traumatic events: An experimental analogue study).* Poster presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.
 65. Fankhauser, S., Wagner, B., Krammer, S., Aeschbach, M., Pepe, A., Maercker, A. & Forstmeier, S. (2011). *The Impact of Social and Interpersonal Resources on Adjustment Disorder Symptoms in Older Age. Motivational Variables as Mediators?* Paper presented at the DGPPN Congress 2011, Berlin, November 23-26, 2011.

66. Drobetz, R., Maercker, A. & Forstmeier, S. (2012). *Delay of gratification in old age: Comparison of individuals with and without cognitive impairment*. Paper presented at the 64th Annual scientific meeting of the Gerontological Society of America, Boston, USA, November 18-22, 2012.
67. Forstmeier, S. (2011). *Self-regulation as predictor of affective and cognitive health in old age*. Invited talk at the guest colloquium "Motivation, affect, and personality", University of Geneva, Switzerland, November 1, 2011.
68. Forstmeier, S., Mortby, M., Pfeifer, L. & Maercker, A. (2011). *Apathy and motivation regulation of cognitively impaired older people and burden of the caregiver*. Paper presented at the 21st Alzheimer Europe Conference, Warsaw, Poland, October 6-8, 2011.
69. Forstmeier, S. (2011). *Self-regulation as predictor of affective and cognitive health in old age*. Invited talk at the International Max Planck research School LIFE Academy, Bergün, Switzerland, September 18-22, 2011.
70. Fankhauser, S., Mortby, M., Drobetz, R., Maercker, A. & Forstmeier, S. (2011). *Self-Efficacy and Social Support in Mild Cognitive Impairment and Alzheimer's Disease – Preliminary Analysis*. Poster presented at the International Max Planck research School LIFE Academy, Bergün, Switzerland, September 18-22, 2011.
71. Forstmeier, S., Drobetz, R. & Maercker, A. (2011). *Delay of gratification in cognitively healthy vs. impaired older people*. Paper presented at the 12th Congress of the Swiss Psychological Society, Fribourg, Switzerland, September 12-13, 2011.
72. Fankhauser, S., Wagner, B., Krammer, S., Aeschbach, M., Pepe, A., Maercker, A. & Forstmeier, S. (2010). *The impact of social and interpersonal resources on adjustment disorder symptoms in older age. Motivational variables as mediators?* Poster presented at the 12th Congress of the Swiss Psychological Society, Fribourg, Switzerland, September 12-13, 2011.
73. Forstmeier, S. (2011). *Wie verändert sich die Fähigkeit, sich selbst für Ziele zu motivieren, bei kognitiven Beeinträchtigungen? (How does the ability of self-motivating for goals change with cognitive impairment?)*. Invited talk at Atempausen, a weekly event by the Alzheimer's Association Zurich, Switzerland, September 8, 2011.
74. Forstmeier, S. & Mittelman, M. (2011). *Psychosocial interventions for individuals with dementia and their caregivers*. Symposium organised at the Alzheimer's Association International Conference on Prevention of Dementia, Paris, France, July 16-21, 2011.
75. Forstmeier, S., Maercker, A., Savaskan, E. & Roth, T. (2011). *Cognitive-behavioral treatment for mild Alzheimer's patients and their caregivers (CBTAC): A case study of a comprehensive treatment approach*. Paper presented at the Alzheimer's Association International Conference, Paris, France, July 16-21, 2011.
76. Forstmeier, S. (2011). *Innovative approaches in psychotherapy with older people*. Symposium organised at the 42nd Meeting of the Society for Psychotherapy Research, Berne, Switzerland, June 29 – July 2, 2011.
77. Roth, T., Maercker, A., Savaskan, E. & Forstmeier, S. (2011). *Cognitive-behavioral therapy for people with early dementia and their caregivers: A case study of a comprehensive treatment approach*. Paper presented at the 42nd Meeting of the Society for Psychotherapy Research, Berne, Switzerland, June 29 – July 2, 2011.
78. Preschl, B., Wagner, B., Forstmeier, S. & Maercker, A. (2011). *A new treatment approach for depression in old age – Life-review-intervention with computer supplements*. Paper presented at the 42nd Meeting of the Society for Psychotherapy Research, Berne, Switzerland, June 29 – July 2, 2011.

79. Forstmeier, S., Mortby, M., Pfeifer, L. & Maercker, A. (2011). *Apathie und Motivationsregulation kognitiv beeinträchtigter älterer Menschen und das Belastungserleben ihrer Angehörigen (Apathy and motivation regulation of cognitively impaired individuals and caregiver burden)*. Poster presented at the 29. Symposium der Fachgruppe Klinische Psychologie der DGPs, Berlin, Germany, June 2-4, 2011.
80. Drobetz, R., Maercker, A., & Forstmeier, S. (2011). *Belohnungsaufschub bei Personen mit Mild Cognitive Impairment, leichter Alzheimer-Demenz und kognitiv nicht-beeinträchtigten Kontrollpersonen (Delay of gratification in individuals with MCI, early Alzheimer's and non-impaired controls)*. Poster presented at the 29. Symposium der Fachgruppe Klinische Psychologie der DGPs, Berlin, Germany, June 2-4, 2011.
81. Drobetz, R., Maercker, A., Hänggi, J., Jäncke, L., & Forstmeier, S. (2011). *Delay of gratification: Choices between immediate und delayed rewards in old age*. Poster presented at the 23rd Annual Convention of the Association of Psychological Science in Washington, USA, May 26-29, 2011.
82. Drobetz, R., Maercker, A., & Forstmeier, S. (2011). *Delay of gratification in individuals with Mild Cognitive Impairment, mild Alzheimer's dementia and cognitively unimpaired control*. Poster presented at the 4th Annual Meeting of the Society for the Study of Motivation in Washington, USA, May 26, 2011.
83. Preschl, B., Wagner, B., Forstmeier, S. & Maercker, A. (2011). *Life-review intervention with computer supplements with focus on depression and meaning of life as outcomes*. Paper presented at the International Max Planck research School LIFE Academy, Ann Arbor MI, USA, May 18-23, 2011.
84. Moyra, M., Maercker, A. & Forstmeier, S. (2011). *Midlife motivational abilities: Predictor of apathy and depression in dementia*. Paper presented at the 26th International Conference of Alzheimer's Disease International, Toronto, Canada, March 26-29, 2011.
85. Forstmeier, S. (2011). *Kann der Lebensstil vor Alzheimer schützen? (Can lifestyle protect against Alzheimer's?)* Invited talk at the anniversary event of the Entlisberg memory clinic, Zurich, Switzerland, March 22, 2011.
86. Roth, T., Maercker, A., Savaksan, E., Hock, C. & Forstmeier, S. (2010). *Cognitive-behavioral therapy for patients with mild Alzheimer's dementia: A randomized controlled trial*. Paper presented at the "Day of research" of the Psychiatric University Hospital Zurich, Zurich, Switzerland, December 2, 2010.
87. Forstmeier, S., Mortby, M. & Maercker, A. (2010). *Do midlife motivational abilities predict cognitive decline and Alzheimer's disease?* Paper presented at the 63rd Annual scientific meeting of the Gerontological Society of America, New Orleans, USA, November 19-23, 2010.
88. Forstmeier, S. & Mortby, M. (2010). *Differential effects of acute stress and social anxiety on self-control in younger and older people*. Paper presented at the 63rd Annual scientific meeting of the Gerontological Society of America, New Orleans, USA, November 19-23, 2010.
89. Mortby, M., Maercker, A. & Forstmeier, S. (2010). *Motivational reserve: A moderator of apathy and depression in dementia in a US-representative sample*. Paper presented at the 63rd Annual scientific meeting of the Gerontological Society of America, New Orleans, USA, November 19-23, 2010.
90. Forstmeier, S. (2010). *Ressourcenorientierte Diagnostik im Alter (Resource-oriented assessment in older age)*. Invited lecture at the Symposium "Competence enhancement in old age", Psychiatriezentrums Wetzikon, Wetzikon, Switzerland, November 4, 2010.

91. Drobetz, R., Maercker, A., Spiess, C. K., Wagner, G. G. & Forstmeier, S. (2010). *Does the apple fall far from the tree? Evidence for intergenerational links in self-regulation from a panel study*. Paper presented at the International Max Planck research School LIFE Academy, Berlin, Germany, October 14-18, 2010.
92. Fankhauser, S., Forstmeier, S., Luppá, M., Maercker, A. & Riedel-Heller, S. (2010). *The impact of social and motivational variables on the development of cognitive impairment and risk of early-stage Alzheimer's disease*. Paper presented at the International Max Planck research School LIFE Academy, Berlin, Germany, October 14-18, 2010.
93. Forstmeier, S., Torrico, M. & Rüdél, H. (2010). *Volitionale Kompetenzen und motivationale Phasen im Wechselspiel*. Paper presented at the 47th Congress of the German Association of Psychology, Bremen, Germany, September 26-30, 2010.
94. Forstmeier, S., Moor, C. & Martin, M. (2010). *Entlastungsangebote, Belastung und Lebensqualität: Resultate aus dem partizipativen Forschungsprojekt „Runder Tisch Science et Cité zum Thema Demenz“*. Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
95. Fankhauser, S., Luppá, M., Maercker, A., Forstmeier, S. & Riedel-Heller, S. (2010). *Der Einfluss von motivationalen Fähigkeiten und sozialen Faktoren auf die Entwicklung kognitiver Beeinträchtigungen*. Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
96. Mortby, M., Maercker, A. & Forstmeier, S. (2010). *Motivationale Reservekapazität: Ein Prädiktor von Apathie und Depression bei Menschen mit Demenz?* Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
97. Drobetz, R., Maercker, A. & Forstmeier, S. (2010). *Belohnungsaufschub im Alter: Welche Präferenzen bestehen bei Menschen mit MCI, leichter Alzheimer-Demenz und kognitiv unbeeinträchtigten Personen?* Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
98. Drobetz, R., Maercker, A. & Forstmeier, S. (2010). *Die Rolle der subjektiven Lebenserwartung und der Zeitperspektive beim Belohnungsaufschub im Alter*. Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
99. Drobetz, R., Hänggi, J., Fankhauser, S., Maercker, A. & Forstmeier, S. (2010). *Bestehen morphologische Gehirnungerschiede zwischen älteren Personen mit hohem und niedrigem Belohnungsaufschub?* Paper presented at the 10th Congress of the German Association of Gerontology and Geriatrics, Berlin, Germany, September 15-17, 2010.
100. Forstmeier, S., Maercker, S., Spitzer, C., Freyberger, H. J. & Kuwert, P. (2010). *Post-traumatic stress symptoms and posttraumatic growth in former German child soldiers of World War II*. Paper presented at the American Psychological Association 118th Annual Convention, San Diego, CA, USA, August 12-15, 2010.
101. Forstmeier, S. & Maercker, S. (2010). *Motivational reserve as risk factor in the development of mild cognitive impairment and Alzheimer's disease: Concept, measurement, and results*. Poster presented at the American Psychological Association 118th Annual Convention, San Diego, CA, USA, August 12-15, 2010.
102. Drobetz, R., Maercker, A., Forstmeier, S. (2010). *Delay of gratification in old age*. Paper presented at the International Max Planck research School LIFE Academy, Charlottesville, VA, USA, May 13-17, 2010.
103. Fankhauser, S., Forstmeier, S., Luppá, M., Maercker, A. & Riedel-Heller, S. G. (2010). *The impact of social resources and motivational abilities on cognitive decline and risk*

- of Alzheimer's disease. Poster presented at the International Max Planck research School LIFE Academy, Charlottesville, VA, USA, May 13-17, 2010.
104. Mortby, M., Maercker, A., Forstmeier, S. (2010). *Midlife motivational abilities: a moderator for apathy but not depression*. Poster presented at the International Max Planck research School LIFE Academy, Charlottesville, VA, USA, May 13-17, 2010.
 105. Forstmeier, S., Maercker, A., Maier, W., van den Bussche, H., Riedel-Heller, S., Kaduszkiewicz, H., Pentzek, M., Weyerer, S., Bickel, H., Haller, F., Wiese, B. & Wagner, M. (2009). *Motivationale und kognitive Reservekapazität als Risikofaktor in der Entwicklung einer leichten kognitiven Beeinträchtigung und Alzheimer-Demenz (Motivational and cognitive Reserve: Risk factors in the development of MCI and Alzheimer dementia)*. Paper presented at the DGPPN Congress 2009, Berlin, November 25-28, 2009.
 106. Forstmeier, S., Kuwert, P., Spitzer, C., Freyberger, H. J. & Maercker, A. (2009). *Soziale Anerkennung als Überlebender und Kohärenzsinn als Prädiktoren von posttraumatischer Reifung bei ehemaligen Kindersoldaten des II. Weltkrieges (Social acknowledgment as survivors and sense of coherence as predictors of posttraumatic growth in former German child soldiers of World War II)*. Paper presented at the DGPPN Congress 2009, Berlin, November 25-28, 2009.
 107. Forstmeier, S. (2009). *Psychotherapeutisch/verhaltenstherapeutische Strategien bei Frühdemenz (Psychotherapeutic, cognitive-behavior-therapy-based strategies in early dementia)*. Paper presented at the DGPPN Congress 2009, Berlin, November 25-28, 2009.
 108. Maercker, A. & Forstmeier, S. (2009). *Altersspezifische Psychotherapie-Strategien bei Traumafolgestörungen (Age-specific psychotherapy strategies in disorders of trauma consequences)*. Paper presented at the DGPPN Congress 2009, Berlin, November 25-28, 2009.
 109. Mortby, M., Maercker, A. & Forstmeier, S. (2009). *Pre-morbid motivational abilities and apathy and depression: Predictive of the progression of dementia?* Paper presented at the DGPPN Congress 2009, Berlin, November 25-28, 2009.
 110. Drobetz, R., Maercker, A. & Forstmeier, S. *Delay of gratification in older age*. Poster presented at the Conference of the Swiss Society of Gerontology, Fribourg, Switzerland, October 29-30, 2009.
 111. Fankhauser, S., Maercker, A. & Forstmeier, S. *Social support, social network and motivational abilities in mild cognitive impairment (MCI) and Alzheimer's dementia (AD)*. Poster presented at the Conference of the Swiss Society of Gerontology, Fribourg, Switzerland, October 29-30, 2009.
 112. Drobetz, R., Maercker, A., Forstmeier, S. (2009). *Delay of Gratification Test for Adults (DoG-A): Novel behavioural measure of self-regulation*. Paper presented at the Third Conference on Non-Cognitive Skills, Berlin, Germany, October 22-24, 2009.
 113. Mortby, M., Maercker, A., Forstmeier, S. (2009). *Pre-morbid motivational abilities: a moderator of apathy and depression in dementia?* Paper presented at the International Max Planck research School LIFE Academy, Ann Arbor, USA, October 15-20, 2009.
 114. Drobetz, R., Maercker, A., Forstmeier, S. (2009). *Delay of gratification: Evaluation of a model and morphological differences*. Paper presented at the International Max Planck research School LIFE Academy, Ann Arbor, USA, October 15-20, 2009.
 115. Forstmeier, S. (2009). *Risk factors of Adjustment Disorders in old age*. Paper presented at the 39th EABCT Annual Congress, Dubrovnik, Croatia, September 16-19, 2009.

116. Forstmeier, S., Kuwert, P., Spitzer, C., Freyberger, H. J. & Maercker, A. (2009). *Post-traumatic growth, social acknowledgment as survivors, and sense of coherence in former German child soldiers of World War II*. Paper presented at the 39th EABCT Annual Congress, Dubrovnik, Croatia, September 16-19, 2009.
117. Forstmeier, S. (2009). *Volitional and motivational competences as predictors of treatment outcome in psychotherapy and psychosomatic rehabilitation: Similarities and differences between adults and elderly*. Paper presented at the 39th EABCT Annual Congress, Dubrovnik, Croatia, September 16-19, 2009.
118. Forstmeier, S. (2009). *Motivationale Reservekapazität: Einfluss motivationaler Fähigkeiten auf die kognitive Gesundheit im Alter (Motivational reserve: Influence of motivational abilities on cognitive health in old age)*. Paper presented at the 9th Congress of Health Psychology, Zurich, Switzerland, August 26-28, 2009.
119. Forstmeier, S., Wagner, M., Maier, W., van den Bussche, H., Riedel-Heller, S., Kaduszkiewicz, H., Pentzek, M., Weyerer, S., Bickel, H., Haller, F., Wiese, B., Maercker, A. (2009). *Motivational reserve as risk factor in the development of MCI and Alzheimer's disease: First results from the German Study on Ageing, Cognition and Dementia in Primary Care Patients (AgeCoDe)*. Poster presented at the Alzheimer's Association 2009 International Conference on Alzheimer's Disease, Vienna, Austria, July 11-16, 2009.
120. Maercker, A. & Forstmeier, S. (2009). *Motivational reserve and a resource-depletion account to Alzheimer's*. Poster presented at the Alzheimer's Association 2009 International Conference on Alzheimer's Disease, Vienna, Austria, July 11-16, 2009.
121. Forstmeier, S. (2009). *Anpassungsstörungen im Alter (Adjustment disorders in old age)*. Paper presented at the 9th Congress of the German Society of Geropsychiatry and Geropsychotherapy, Berlin, Germany, June 17-20, 2009.
122. Forstmeier, S. (2009). *Stationäre gerontopsychosomatische Rehabilitation: Therapieerfolg und seine Prädiktoren (Inpatient gero-psychosomatic rehabilitation: Therapy outcome and its predictors)*. Paper presented at the 9th Congress of the German Society of Geropsychiatry and Geropsychotherapy, Berlin, Germany, June 17-20, 2009.
123. Mortby, M., Maercker, A., Forstmeier, S. (2009). *Apathy: a separate syndrome from depression?* Paper presented at the International Max Planck research School LIFE Academy, Zurich, Switzerland, May 26-30, 2009.
124. Drobetz, R., Maercker, A., Forstmeier, S. (2009). *Model of Delay of Gratification*. Paper presented at the International Max Planck research School LIFE Academy, Zurich, Switzerland, May 26-30, 2009.
125. Forstmeier, S., Kuwert, P., Spitzer, C., Freyberger, H. J. & Maercker, A. (2009). *Soziale Anerkennung als Überlebender und Kohärenzsinn als Prädiktoren von posttraumatischer Reifung bei ehemaligen Kindersoldaten des II. Weltkrieges (Posttraumatic growth, social acknowledgment as survivors, and sense of coherence in former German child soldiers of World War II)*. Paper presented at the 27. Symposium der Fachgruppe Klinische Psychologie der DGPs, Zurich, Switzerland, May 21-23, 2009.
126. Forstmeier, S. (2009). *Förderung des Willens in der Psychotherapie (Training the will in psychotherapy)*. Invited talk at the Anniversary event of the Psychiatric Hospital Clenia Schlössli, Oetwil am See, Switzerland, April 23, 2009.
127. Forstmeier, S., Kuwert, P., Spitzer, C., Freyberger, H. J. & Maercker, A. (2009). *Soziale Anerkennung als Überlebender und Kohärenzsinn als Prädiktoren von posttraumatischer Reifung bei ehemaligen Kindersoldaten des II. Weltkrieges (Posttraumatic growth, social acknowledgment as survivors, and sense of coherence in former German*

- child soldiers of World War II*). Paper presented at the 60th Conference of the German Collegium of Psychosomatic Medicine, Mainz, Germany, March 18-21, 2009.
128. Forstmeier, S. (2009). *Wie kann die Entwicklung von Gedächtnisproblemen positiv beeinflusst werden? Risiko- und Schutzfaktoren einer Gedächtnisstörung und Alzheimer-Demenz (Risk and protective factors of Alzheimer's dementia)*. Invited talk at the "Active Forum" for patients with Alzheimer's disease, Zurich, Switzerland, 12 March 2009.
 129. Forstmeier, S. (2008). *Schwierige Lebensereignisse, Trauer und ihre Bewältigung im Alter (Critical life events, grief, and coping with it in older age)*. Invited talk at the Center of Gerontology Fall Lectures, Zurich, Switzerland, December 17, 2008.
 130. Forstmeier, S. (2008). *Psychosoziale Behandlungsansätze für Menschen mit Demenz und ihre Angehörigen: Was hilft? Was fehlt?* Invited talk at the Anniversary event of the Psychiatric Hospital Münsterlingen, Switzerland, October 23, 2008.
 131. Forstmeier, S. (2008). *Motivational Reserve in Alzheimer's dementia: Concept, empirical evidence and future studies*. Lecture at the International Max Planck research School LIFE Academy, Berlin, Germany, October 16-20, 2008.
 132. Forstmeier, S. & Zank, S. (2008). *Clinical geropsychology: Prediction, assessment, and treatment of late-life disorders*. Symposium organised at the XXIX. International Congress of Psychology, Berlin, Germany, July 20-25, 2008.
 133. Forstmeier, S. & Maercker, A. (2008). *Motivational reserve: Lifetime motivational abilities influence cognitive and emotional health in old age*. Paper presented at the XXIX. International Congress of Psychology, Berlin, Germany, July 20-25, 2008.
 134. Forstmeier, S. (2008). *Besonderheiten der Psychotherapie im Alter: Kognitive Verhaltenstherapie und Lebensrückblicksintervention (Features of psychotherapy in old age: Cognitive behavioral therapy and life review therapy)*. Invited talk, Scientific symposium „Action Against Depression“, Stuttgart, Germany, June 28, 2008.
 135. Forstmeier, S. & Maercker, A. (2008). *Motivational reserve: A potentially modifiable risk factor in the development of cognitive impairment and Alzheimer's Disease*. Paper presented at the 18th Alzheimer Europe Conference, Oslo, Norway, May 22-25, 2008.
 136. Kuwert, P., Knaevelsrud, C., Forstmeier, S., Freyberger, H. J., Maercker, A. & Spitzer, C. (2008). *Traumatische Erlebnisse, posttraumatische Symptome, Kohärenzsinn und posttraumatische Reifung bei ehemaligen Kindersoldaten des II. Weltkrieges (Traumatic events, posttraumatic symptoms, sense of coherence, and posttraumatic growth in former child soldiers of WWII)*. Paper presented at the 10th Meeting of the German Society of Psychotraumatology, Basel, Switzerland, May 22-25, 2008.
 137. Forstmeier, S. (2008). *Klinische Gerontopsychologie: Einflussfaktoren auf die psychische Gesundheit Älterer und spezifische Interventionen (Clinical geropsychology: Factors influencing mental health in old age and specific interventions)*. Symposium organised at the 26. Symposium der Fachgruppe Klinische Psychologie der DGPs, Potsdam, Germany, May 1-3, 2008.
 138. Forstmeier, S. & Maercker, A. (2008). *Motivationale Reservekapazität: Ein Schutzfaktor in der Entwicklung kognitiver Beeinträchtigung im Alter (Motivational reserve: A protective factor in the development of cognitive impairment in old age)*. Paper presented at the 26. Symposium der Fachgruppe Klinische Psychologie der DGPs, Potsdam, Germany, May 1-3, 2008.
 139. Forstmeier, S. (2008). *Motivationale Reservekapazität als protektiver Faktor für Alzheimer-Demenz und MCI (Motivational reserve as protective factor für Alzheimer's dementia and MCI)*. Invited talk at the Geriatric Hospital St. Gallen, Switzerland, April 24, 2008.

140. Forstmeier, S. & Maercker, A. (2008). *Delay of Gratification: A new motivation test for the elderly (Belohnungsaufschub: Ein neuer Motivationstest für Ältere)*. 50. Tagung experimentell arbeitender Psychologen, University of Marburg, Germany, March 3-5, 2008.
141. Forstmeier, S. (2008). *Psychotherapy in old age (Psychotherapie im Alter)*. Invited talk, University of Bochum, Germany, February 2, 2008.
142. Forstmeier, S. (2008). *Motivational Reserve: A new concept complementing Cognitive Reserve*. Paper presented at the 1st Young Investigator Meeting of the Swiss Alzheimer Forum 2008, Interlaken, January 18-20, 2008.
143. Forstmeier, S. & Maercker, A. (2007). *Motivationale und kognitive Reservekapazität als protektive Faktoren für die Entwicklung einer MCI und Demenz (Motivational and cognitive reserve as protective factors in MCI and dementia)*. Vortrag auf dem DGPPN Kongress 2007, Berlin, November 21-24, 2007.
144. Forstmeier, S. & Maercker, A. (2007). *Motivational resources, cognitive status, and well-being in old age*. Paper presented at the 10th Congress of the Swiss Society of Psychology, September 13-14, 2007.
145. Forstmeier, S. & Maercker, A. (2007). *Ein neuer Motivations-Verhaltenstest für Ältere – Erste Ergebnisse (A new behavioral motivation test for the elderly – first results)*. Poster presented at the Congress of the Swiss Society of Psychiatry and Psychotherapy, September 6-7, 2007.
146. Forstmeier, S. & Maercker, A. (2007). *Motivational Reserve: A new concept complementing Cognitive Reserve*. Poster presented at the Alzheimer's Association International Conference on Prevention of Dementia, Washington, DC, June 9-12, 2007.
147. Forstmeier, S. & Maercker, A. (2007). *Posttraumatische Belastungsstörungen und ihr Verlauf im Alter (PTSD and its course in old age)*. Paper presented at the Meeting "Anpassung und Gestaltung im Alter: Gerontopsychologische und klinische Perspektiven", June 8, 2007.
148. Forstmeier, S. & Maercker, A. (2007). *Motivationale Reserve: Ein neues Konzept in der psychologischen Demenzforschung*. Poster presented at the 25. Symposium der Fachgruppe Klinische Psychologie der DGPs, Tübingen, May 17-19, 2007.
149. Sahin, N., Jürgensen, R., Forstmeier, S. & Rüdell, H. (2007). *Defizite in wichtigen volitionalen Kompetenzen lassen sich durch kurze Interventionen während einer psychosomatischen Rehabilitation effektiv verbessern*. Paper presented at the 16. Rehabilitationswissenschaftliches Kolloquium, Berlin, March 26-28, 2007.
150. Forstmeier, S. & Maercker, A. (2006). *Complicated Grief: Comparison of two diagnostic systems using Latent Class Models*. Paper presented at the 36th Annual Congress of the EABCT, Paris, September 20-23, 2006.
151. Forstmeier, S. & Maercker, A. (2006). *Improving volitional competence in patients with affective, somatisation, and eating disorders: A controlled clinical trial*. Paper presented at the 36th Annual Congress of the EABCT, Paris, September 20-23, 2006.
152. Forstmeier, S. & Maercker, A. (2006). *Diagnostik motivationaler und volitionaler Ressourcen im Alter*. Vortrag auf dem DGPPN Kongress 2006, Berlin, November 22-25, 2006.
153. Forstmeier, S. & Maercker, A. (2006). *Komplizierte Trauer: Vergleich zweier diagnostischer Systeme mittels Latent Class Models*. Poster auf dem DGPPN Kongress 2006, Berlin, November 22-25, 2006.

154. Maercker, A. & Forstmeier, S. (2006). *Defining complicated grief as a post-loss stress disorder*. Paper presented at the 22st Annual Meeting of the International Society for Traumatic Stress Studies, Hollywood, CA, November 4-7, 2006
155. Forstmeier, S. (2006). *Towards comparison studies of different models of complicated grief disorders*. Vortrag auf der Expertentagung "Complicated grief and adjustment disorders: Current concepts and controversies" an der University of Zurich, Switzerland, July 7-8, 2006.
156. Forstmeier, S., & Maercker, A. (2006). *Komplizierte Trauer: Vergleich zweier diagnostischer Systeme mittels Latenter-Klassen-Modelle*. Vortrag auf der 8. Jahrestagung der Deutschsprachigen Gesellschaft für Psychotraumatologie (DeGPT), Hannover, May 11-14, 2006.
157. Forstmeier, S., & Maercker, A. (2005). *Motivationale Reservekapazität bei dementiellen Erkrankungen: Entwicklung eines Messkonzeptes*. Poster auf dem DGPPN Kongress 2005, Berlin, November 23-16, 2005.
158. Forstmeier, S. & Rüdell, H. (2005). *Volitionsförderung verbessert den Therapieerfolg einer verhaltenstherapeutischen Behandlung von guten auf sehr gute Effektstärken*. Vortrag auf dem 23. Symposium der Fachgruppe Klinische Psychologie der DGPs, Dresden, May 5-7, 2005.
159. Forstmeier, S. (2005). *Training volitionaler Kompetenzen als Ergänzung zum symptomorientierten verhaltenstherapeutischen Arbeiten*. Workshop auf dem 4. Workshopkongress für Klinische Psychologie und Psychotherapie der DGPs, Dresden, May 5-7, 2005.
160. Forstmeier, S. & Rüdell, H. (2005). *Zur Überlegenheit von Selbstregulation über Selbstkontrolle in der psychosomatischen Rehabilitation*. Vortrag auf dem 14. Rehabilitationswissenschaftliches Kolloquium, Hannover, February 28 – March 2, 2005.
161. Forstmeier, S., Grothgar, B., Mussgay, L. & Rüdell, H. (2004). *Enhancing volitional competence in patients with affective, somatisation, and eating disorders*. Poster auf dem 8th International Congress of Behavioral Medicine, Mainz, August 25-28, 2004.
162. Forstmeier, S., Grothgar, B., Mussgay, L. & Rüdell, H. (2004). *Stärkung der Selbstkompetenz durch Förderung volitionaler Kompetenzen in einem Gruppenprogramm*. Vortrag auf dem 13. Rehabilitationswissenschaftliches Kolloquium, Düsseldorf, March 8-10, 2004.
163. Forstmeier, S., Grothgar, B., Mussgay, L. & Rüdell, H. (2002). *Die Bedeutung von Selbstregulation und Selbstkontrolle bei der Behandlung und Rehabilitation psychischer und psychosomatischer Störungen*. Poster präsentiert auf dem 20. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie, Konstanz, May 9-11, 2002.
164. Forstmeier, S., Lavric, A., Pizzagalli, D. & Rippon, G. (2001). *Low-Resolution Electromagnetic Tomography (LORETA) of English past-tense production*. Poster präsentiert auf dem 7th Annual meeting of the Organization for Human Brain Mapping (HBM), Brighton (UK), June 10-14, 2001.
165. Forstmeier, S. (1999). *Ereigniskorrelierte Potentiale während der regelmäßigen und unregelmäßigen Past-Tense-Bildung im Englischen*. Vortrag auf dem Lahn-Neckar-Kolloquium Allgemeine Psychologie, Mannheim, January 22, 1999.
166. Forstmeier, S. & Lavric, A. (1999). *Ereigniskorrelierte Potentiale während der regelmäßigen und unregelmäßigen Past-Tense-Bildung im Englischen*. Vortrag auf der 41. Tagung experimentell arbeitender Psychologen (TeaP99), Leipzig, March 28 – April 1, 1999.

167. Forstmeier, S. & Heydemann, M. (1999). *Base rate judgment in classification learning: a comparison of three models*. Vortrag auf der 4. Fachtagung der Gesellschaft für Kognitionswissenschaft (KogWis99), Bielefeld, September 28 – October 1, 1999.
168. Forstmeier, S. & Heydemann, M. (1998). *Grundratenbeurteilung beim Klassifikationslernen: Ein Vergleich zwischen drei Erklärungs-Modellen*. Vortrag auf der 40. Tagung experimentell arbeitender Psychologen (TeaP98), Marburg, April 6-9, 1998.
169. Lavric, A., Forstmeier, S. & Rippon, G. (1998). *An ERP study of English past-tense formation*. Poster präsentiert auf dem 9th World Congress of Psychophysiology, Taormina (Sizilien), September 14-19, 1998.
170. Lavric, A., Rippon, G. & Forstmeier, S. (1998). *ERP studies of working memory in reasoning tasks*. Poster präsentiert auf dem 9th World Congress of Psychophysiology, Taormina (Sizilien), September 14-19, 1998.